



Journal of Advanced Studies on Borders, Cooperation and Development

Guidelines for Authors: Submission and Style Requirements

Last updated: 05. May 2026.

General submission requirements

Please include your name, affiliation, e-mail address and ORCID iD in the manuscript.

Requirement	Instruction
Font type	Times New Roman
Font size	12
Spelling	UK spelling
Reference style	APA (see the examples below)
Abstract	Required
Keywords	Required
Footnotes	Avoid; use in-text citations instead
Headings	Do not number headings

Headings, quotations, figures and tables

- Use **bold** for major headings and *italics* for subheadings.
- Titles of headings with capitalized first letters.
- Quotations → use **quotation marks and italics**
- Figures, Tables → indicate the source



Article types and length

Article type	Length
Research Article	40,000–60,000 characters, including spaces
Policy-Debate Article	No strict word limit
Report Article	No strict word limit
Book Review Essay	Around 3,000 words

In-text citations:

- One author → (Medeiros, 2000, p. XXX)
- Two authors → (Mertens & Unfried, 2022, p. XXX-XXX)
- Three authors → (Paül, Vila-Lage & Trillo-Santamaría, 2022, p. XXX)
- Many authors → (Medeiros et al. 2024, p. XXX)
- More in-text citations from different authors, they should be **lined up in alphabetical order** and **separated by semicolons** → (Medeiros, 2000; Medeiros et al. 2024; Mertens & Unfried, 2022; Paül, Vila-Lage & Trillo-Santamaría, 2022)
- More in-text citations from the same author, they are **separated by commas and the publication year is marked by “abc” signs** → (Hobson 2007a, 2007b, 2007c, 2012, 2013)
- More in-text citations from the same author and from different authors → (Hobson 2007a, 2007b; Medeiros, 2000; Medeiros et al. 2024)

Reference list general guidelines:

- Use alphabetical order.
- Names containing Jr or II should be listed as follows:
Author Last Name, Initials, Jr. (year).
Author Last Name, Initials, II (year).

If DOI is available, always include it.

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Reference list examples:

Book by one author

McGiffen, S. P. (2005). *The European Union. A Critical Guide*. Pluto Press.

Book by two and more authors

Chaudhary, B., Bhatia, D., Patel, M., Singh, S., & Sharma, S. (2024). *Medical Tourism in Developing Countries: A contemporary approach*. Springer.

Inayatullah, N., & Blaney, L. D. (2004). *International Relations and the Problem of Difference*. Routledge.

Edited book itself

Krzymuski, M., Kubicki, P., & Ulrich, P. (ed.) (2017). *Der Europäische Verbund für territoriale Zusammenarbeit: Instrument der grenzübergreifenden Zusammenarbeit nationaler öffentlicher Einrichtungen in der Europäischen Union*. Nomos.

Ocskay, Gy. (ed.) (2020). *15 years of the EGTCs. Lessons learnt and future perspectives*. Central European Service for Cross-border Initiatives (CESCI).

Chapter from an edited book

Parenti, A., & Tealdi, C. (2021). Cross-Border Labour Mobility in Europe: Migration Versus Commuting. In K. Kourtit, B. Newbold, P. Nijkamp, & M. Partridge (Ed.), *The economic geography of cross-border migration* (pp. 185–215). Springer.
https://doi.org/10.1007/978-3-030-48291-6_9

Wiesböck, L., Verwiebe, R., Reinprecht, C., & Haindorfer, R. (2018). The economic crisis as a driver of cross-border labour mobility? A multi-method perspective on the case of the Central European region. In C. Roos, & N. Zaun (Ed.), *The global economic crisis and migration* (pp. 133–150). Routledge. <https://doi.org/10.4324/9781315144627-8>

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Journal article

Anderson, J., & O'dowd, L. (1999). Borders, Border Regions and Territoriality: Contradictory Meanings, Changing Significance. *Regional Studies*, 33(7), 593–604.
<https://doi.org/10.1080/00343409950078648>

Telle, S., & Svensson, S. (2019). An organizational ecology approach to EGTC creation in East Central Europe. *Regional & Federal Studies*, 30(1), 47–71.
<https://doi.org/10.1080/13597566.2019.1566904>

Publications by institutions →

Association of European Border Regions (AEBR) & European Commission (EC). (2020). *Annex b-solutions: Solving Border Obstacles. A Compendium of 43 Cases*. Publications Office of the European Union.

European Commission (EC). (2017). *Easing legal and administrative obstacles in EU border regions*. European Commission.

ITEM. (2024). *Cross-border coordination points: Experts emphasize the added-value*. ITEM Cross-border. <https://crossborderitem.eu/en/cross-border-coordination-points-experts-emphasize-the-added-value/>

Website →

Avramova, N. (2019, January 3). *The secret to a long, happy, healthy life? Think age-positive*. CNN. <https://edition.cnn.com/2019/01/03/health/respect-toward-elderly-leads-to-long-life-intl/index.html>

Conference paper →

Fistek, A., Jester, E., & Sonnenberg, K. (2017, July 12–15). *Everybody's got a little music in them: Using music therapy to connect, engage, and motivate* [Conference session]. Autism Society National Conference, Milwaukee, WI, United States.
<https://asa.confex.com/asa/2017/webprogramarchives/Session9517.html>